
**ABSTRACT**

Participation of young people in recovery support meetings is a promising yet largely understudied area. This article reviews the history of youth involvement in meetings, summarizes current research, and discusses issues to consider when making referrals. Professionals may want to research local meetings, help young people structure time before and after meetings, become familiar with group customs, investigate a variety of support groups, interact with support group service structures, develop a list of reliable group members to connect youths to the recovering community, and implement assertive referral strategies.