Addiction Recovery:
A Selected Bibliography with an Emphasis on Professional Publications and Scientific Studies (April 2015)

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Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Developmental disAbilities. It is hoped this will help interested readers locate classic and important contemporary papers related to the resolution of alcohol and other drug problems. Many key documents related to recovery management and recovery-oriented systems of care are also posted at the following web sites:

http://www.dbhids.org/transformation-tools-2/

http://www.attcnetwork.org/find/respubs/index.asp

http://www.bhrm.org/

http://www.williamwhitepapers.com/

Toward a Recovery Paradigm

Barber, M.E. (2012). Recovery as the new medical model for psychiatry, Psychiatric Services, 63(3), 277-279.


**Recovery Definition**


History of Recovery (general)

History of Recovery Mutual Aid Societies


**History of the Recovery Advocacy Movement**


**The Recovery Experience**


**Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)**


**Recovery in Communities of Color & Other Diverse Populations**


### Addiction Recovery and Mental Health Recovery


**Recovery/Remission Prevalence in Community and Clinical Populations**


Arndt, S; Vélez, MB; Segre, L; Clayton, R (2010). Remission from substance dependence in U.S. Whites, African Americans, and Latinos. *Journal of Ethnicity*
Delucchi, K.L & Kaskutas, L.A. (2010). Following problem drinkers over eleven years:


Recovery Capital


**Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**


Humphreys, K., & Moos, R. (2001). Can encouraging substance abuse patients to participate in self-help groups reduce demand for health care? A quasi-


Recovery Mutual Aid (Assertive Linkage Procedures)

Representative Studies/Papers on Twelve Step Groups


**Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives**


Linking Clients to Recovery Mutual Aid Societies


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and
most frequently updated resource for recovery mutual aid groups)

http://www.facesandvoicesofrecovery.org/resources/support/index.html

Role of Clinicians and Treatment Programs in Working with Addiction Recovery
Mutual Aid Groups

Policy, 27(3), 47-52.
Ilich, I. (1976). Disabling professionals: Notes for a lecture. Contemporary Crises, 1,
359-370.
Orthopsychiatry, 54(4), 648-650.
death of mutual-help groups: The role of national affiliation, professional
involvement, and member focal problem. American Journal of Community
Psychology, 17(5), 643-671.
Policy, 15, 35-37.
leaders: The significance of professional and founder statues. International
Journal of Self Help & Self Care, 1(1), 91-105.
partnership on the development of a mutual-help organization. American Journal
of Community Psychology, 42, 179-191, doi: 10.1007/s10464-008-9193-9
Shepherd, M. D., Schoenberg, M., Slavich, S., Wituk, S., Warren, M., & Meissen, G.
(1999). Continuum of professional involvement in self-help groups. Journal of
Social Work, 27, 341-347.
White, W. L. (2009). The mobilization of community resources to support long-term
addiction recovery. Journal of Substance Abuse Treatment, 36, 146-158.
doi:10.1016/j.jsat.208.10.006

Recovery (Public Perceptions)


**Frameworks of Recovery (Religious, Spiritual, Secular)**


**Styles of Recovery Initiation and Natural Recovery**


Stages of Recovery


**Recovery Durability/Stability**


**Medication and Recovery**


Center for Substance Abuse Treatment. (ND, DRAFT). *Introduction to recovery oriented systems of care for opiate treatment.* Rockville, MD: Center for Substance Abuse Treatment.


**Peer Recovery Support Services**


Cousins, S.J., Antonini, V.P. & Rawson, R.A. (2012). Utilization, measurement, and
funding of recovery supports and services. *Journal of Psychoactive Drugs*, 44(4), 325-33.


Centers: An in-progress report from the field. Posted at
www.williamwhitepapers.com

Peer-led seeking safety: Results of a pilot outcome study with relevance to public

aftercare service for drug supervisees: A one-year follow-up study. International
Journal for the Advancement of Counseling, 14, 285-300.

Pagano, M. E., Krentzman, A. R., Onder, C. C., Baryak, J. L., Murphy, J. L., Zywiak, W.
Treatment Quarterly, 28, 111–127.

Reif, S., Braude, L., Lyman, D.R., Dougherty, R.H., Daniels, A.S., Ghose, S.S., Salim, O.
& Delphin-Rittman, M.E. (2014). Peer recovery support for individuals with
substance use disorders: Assessing the evidence, Psychiatric Services, 65, 853-
861.

in community action and community mental health programs. National Institute of
Mental Health.


American Journal of Community Psychiatry, 18(2), 221-230.


and substance exposed births: An experiment in child welfare. Child Abuse and
Neglect, 32(11), 1972-1079.

treatment and child welfare services: Findings from the Illinois AODA waiver

satisfaction in a peer counseling substance abuse treatment program for pregnant

Solomon, P. Peer support/peer provided services underlying processes, benefits, and

influences and drinking outcomes across three years. Journal of Studies on
Alcohol and Drugs, 73, 489-497.

Valentine, P. (2011). Peer-based recovery support services within a recovery community
organization: The CCAR experience. In In Kelly, J., & White, W. L. (Eds.,

van Melick, M., McCartney, D. & Best, D. (2013). Ongoing recovery support and peer
networks: A preliminary investigation of recovery champions and their peers.


Studies of Twelve Step Sponsorship


Young, L.B. (2013). Characteristics and practices of sponsored members of Alcoholics
People in Recovery Working as Addiction Counselors and other Professional Roles


Center for Human Services, Survey on utilization of ex-addicts in drug treatment and rehabilitation programs, for Office of Economic Opportunity, September, 1971.


Alcoholism Treatment Quarterly, 27, 389-408.


**People in Recovery as Volunteers**


**Recovery and Employment**


**Family Recovery**


NOTE: For a complete bibliography for Al-Anon, see http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf

**Health Status of People in Recovery**


drug substitution switching-addictions hypothesis: A prospective study in a nationally representative sample. *JAMA Psychiatry*


file:///C:/Users/Bill/Downloads/Possible_Evidence_for_Re_regulation_of_HPA_Axis.99719.pdf


relationship between the duration of abstinence and other aspects of recovery. 


heroin dependence months after detoxification from methadone-maintenance. 
*Drug & Alcohol Dependence, 95*(3), 237-44.


Smoking (Nicotine Addiction) and Addiction Recovery


Integration of Primary Health Care and Addiction Treatment / Recovery Support


### Addiction as a Chronic Condition Requiring Sustained Recovery Management


### Recovery Management and Recovery-oriented Systems of Care


White, W. (2012). “The struggle continues, the victory is certain”: Transforming addiction treatment and recovery support in Philadelphia. An interview with


Recovery Management Checkups and Related Continuing Care Research


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


**Social Model Recovery Programs**


**Recovery Enhancement from Helping Others**


**Recovery Residences**


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.html](http://condor.depaul.edu/ljason/oxford/publications.html)

**Recovery Schools**


**Recovery Ministries**


**The Ecology of Recovery & Community Recovery**


**Recovery and Harm Reduction**


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


**Addiction Recovery and Stigma**


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International Perspectives