Addiction Recovery:
A Selected Bibliography with an Emphasis on
Professional Publications and Scientific Studies
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Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Developmental disAbilities. It is hoped this will help interested readers locate classic and important contemporary papers related to the resolution of alcohol and other drug problems. Many key documents related to recovery management and recovery-oriented systems of care are also posted at the following web sites:

http://www.dbhids.org/transformation-tools-2/

http://www.attcnetwork.org/find/respubs/index.asp

http://www.bhrm.org/

http://www.williamwhitepapers.com/

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Toward a Recovery Paradigm


**Recovery Definition**


History of Recovery (general)


**Early Recovery Biographies**


**History of Recovery Mutual Aid Societies**


**History of the Recovery Advocacy Movement**


### The Recovery Experience


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


former injection drug users who are HIV-infected. *Drug and Alcohol Dependence, 86,* 175-182. doi:10.1016/j.drugalcdep.2006.06.012


Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)


**Recovery in Communities of Color & Other Diverse Populations**


Doctoral Dissertation, University of California in Berkeley School of Public Health.


**Addiction Recovery and Mental Health Recovery**


**Recovery/Remission Prevalence in Community and Clinical Populations**


narcotics addicts. *Archives of General Psychiatry*, 58, 503-508.


**Recovery Capital**


**Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**


**Recovery Mutual Aid (Assertive Linkage Procedures)**


Representative Studies/Papers on Twelve Step Groups


**Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)**


**Linking Clients to Recovery Mutual Aid Societies**


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)

http://www.facesandvoicesofrecovery.org/resources/support/index.html

Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups


**Recovery (Public Perceptions)**


**Frameworks of Recovery (Religious, Spiritual, Secular)**


Religions, 5(3), 912-928.
Association of the U.S. and Canada.
Springville: Cedar Fort.
religious development in recovering integrity among Jewish alcoholics and drug
addicts. Mental Health, Religion and Culture, 8, 63–77.
Glass, C. (1999). Addiction and recovery through Jewish eyes. In Addiction and
Spirituality: A Multidisciplinary Approach. Edited by Oliver. J. Morgan and
Green, L. L., Fullilove, M. T., & Fullilove, R. E. (1998). Stories of spiritual awakening:
The nature of spirituality in recovery. Journal of Substance Abuse Treatment,
15(4), 325-331. doi:10.1016/S0740-5472(97)00211-0
Griffin, K. (2004). One Breath at a Time: Buddhism and the Twelve Steps. Emmaus:
Rodale.
Hay House, Inc.
94.
and treatment in a theological context. Religions, 6(1), 1-13.
Amazon Digital Services Inc.
Laudet, A. B., Morgen, K., & White, W. L. (2006). The role of social supports,
spirituality, religiousness, life meaning and affiliation with 12-step fellowships in
quality of life satisfaction among individuals in recovery from alcohol and drug
doi:10.1300/J020v24n01_04
Publications.
Recovery and Healing. Salt Lake City: The Church of Jesus Christ of Latter-day
Saints.
York: Atria Books/Beyond Words.
Religions, 5(4), 972-984.


Styles of Recovery Initiation and Natural Recovery

Bacchus, L., Strang, J., & Watson, P. (2000). Pathways to abstinence: Two-year follow-up data on 60 abstinent former opiate addicts who had been turned away from treatment. European Addiction Research, 6(3), 141-147. doi:10.1159/000019026


**Stages of Recovery**


Recovery Durability/Stability


Medication and Recovery


Center for Substance Abuse Treatment. (ND, DRAFT). Introduction to recovery oriented systems of care for opiate treatment. Rockville, MD: Center for Substance Abuse Treatment.


**Peer Recovery Support Services (and Social Network Effects on Recovery)**


care. Oakbrook Terrace, IL: Joint Commission on Accreditation of Healthcare Organizations.


doi:10.1080/07347324.2014.856228


White, W., Kelly, J., & Roth, J. (2012). New addiction recovery support institutions:


### Studies of Twelve Step Sponsorship


Gomes, K., & Hart, K. E. (2009). Adherence to recovery practices prescribed by Alcoholics Anonymous: Benefits to sustained abstinence and subjective quality of
life. Alcoholism Treatment Quarterly, 27(2), 223-235. doi:10.1080/07347320902784874


People in Recovery Working as Addiction Counselors and other Professional Roles


Center for Human Services, Survey on utilization of ex-addicts in drug treatment and rehabilitation programs, for Office of Economic Opportunity, September, 1971.


### People in Recovery as Volunteers


**Recovery and Employment**


**Family Recovery**


NOTE: For a complete bibliography for Al-Anon, see [http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf](http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf)

### Health Status of People in Recovery


Laudet, A. (2012) Longitudinal perspectives on physical and mental health comorbidities among women in recovery: Implications for recovery support services and integrated care. *Journal of Substance Abuse Treatment, 43*(3), e7


Biological Psychiatry, 59(4), 364-72.


Hierarchical linear modeling (HLM) of longitudinal brain structural and cognitive changes in alcohol-dependent individuals during sobriety. *Drug and Alcohol Dependence*, 91(2-3), 195-204.

**Smoking (Nicotine Addiction) and Addiction Recovery**


**Integration of Primary Health Care and Addiction Treatment / Recovery Support**


Addiction as a Chronic Condition Requiring Sustained Recovery Management


**Recovery Management and Recovery-oriented Systems of Care**


White, W. (2012). *“The struggle continues, the victory is certain”: Transforming addiction treatment and recovery support in Philadelphia.* An interview with Roland Lamb. Posted at [www.facesandvoicesofrecovery.org](http://www.facesandvoicesofrecovery.org) and [www.williamwhitepapers.com](http://www.williamwhitepapers.com)


**Recovery Management Checkups and Related Continuing Care Research**


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


Social Model Recovery Programs


Recovery Enhancement from Helping Others


**Recovery Residences**


http://www.addictionpro.com/print/article/recovery-residences-have-found-their-home


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.html](http://condor.depaul.edu/ljason/oxford/publications.html)

**Recovery Schools**


Recovery Ministries


The Ecology of Recovery & Community Recovery


Recovery and Harm Reduction


Schipper, J.E. (2009). My life from poli-substance abuse to recovery through harm reduction. M.S.W., California State University, Long Beach, 87; 1466310; MAI 47/06, Dec 2009.


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


Neglect, 32, 1072-1079.

Addiction Recovery and Stigma


International Perspectives