

Recovery Support Resources for Young People

Book Length Stories of Personal/Family Recovery

Beautiful Boy: A Father's Journey through his Son's Addiction. By David Sheff

Clean: A New Generation in Recovery by Chris Beckman

Just Love Her: A Mother's Journey of Healing through her Daughter's Drug Addiction by Trina Hayes

Leaving Dirty Jersey: A Crystal Meth Memoir by James Salant

Lost & Found by Christy Crandell

Nice Girls Don't Drink by Sarah Hafner

Teenage Addicts Can Recover by Shelly Marshall

The Big Book Unplugged: A Young Person's Guide to Alcoholics

Anonymous by anonymous

The Lost Years: Surviving a Mother and Daughter's Worst Nightmare by Kristina Wandsilak & Constance Curry

Tweak: Growing up on Methamphetamines by Nic Sheff

Young Sober and Free by Shelly Marshal