Addiction Recovery:

A Selected Bibliography with an Emphasis on
Professional Publications and Scientific Studies
(August 2018)

William L. White, M.A.
(bwhite@chestnut.org)

Edited by Rita A. Chaney, MS, LMHC

Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disAbility Services. (This series can be downloaded from www.williamwhitepapers.com.) It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems. Many key documents related to recovery management and recovery-oriented systems of care are also posted at the following web sites:

http://wwwdbhids.org/transformation-tools-2/

http://www.attcnetwork.org/find/respubs/index.asp

http://www.bhrm.org/

http://www.williamwhitepapers.com/

The bibliography is organized topically under the following headings:
Table of Contents

Toward a Recovery Paradigm ........................................................................................................... 4
Recovery Definition ............................................................................................................................. 9
History of Recovery (general) ............................................................................................................. 12
Early Recovery Biographies .............................................................................................................. 13
History of Recovery Mutual Aid Societies ......................................................................................... 14
History of the Recovery Advocacy Movement .................................................................................... 15
The Recovery Experience .................................................................................................................... 16
Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery) ...................... 32
Recovery in Communities of Color & Other Diverse Populations ..................................................... 38
Recovery among Adolescents and Young Adults ............................................................................... 44
Addiction Recovery and Mental Health Recovery ............................................................................... 48
Recovery/Remission Prevalence in Community and Clinical Populations ........................................ 50
Recovery Capital ............................................................................................................................... 58
Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups) ......................................................................................................................... 66
Recovery Mutual Aid (Assertive Linkage Procedures) ....................................................................... 70
Representative Studies/Papers on Twelve Step Groups ................................................................. 72
Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA) .......................................................................................................................................................... 85
Linking Clients to Recovery Mutual Aid Societies ........................................................................... 89
Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups) ......................................................... 90
Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups ............................................................................................................................................. 90
Recovery (Public Perceptions) .......................................................................................................... 91
Frameworks of Recovery (Religious, Spiritual, Secular) .................................................................... 91
Styles of Recovery Initiation and Natural Recovery .......................................................................... 93
Stages of Recovery ................................................................. 95
Recovery Durability/Stability .................................................. 97
Medication and Recovery ....................................................... 98
Peer Recovery Support Services (and Social Network Effects on Recovery) .......... 103
Studies of Twelve Step Sponsorship ........................................ 114
People in Recovery Working as Addiction Counselors and other Professional Roles ... 116
People in Recovery as Volunteers ............................................ 123
Recovery and Employment .................................................... 123
Family Recovery .................................................................. 124
Health Status of People in Recovery ......................................... 128
Smoking (Nicotine Addiction) and Addiction Recovery .................. 136
Integration of Primary Health Care and Addiction Treatment / Recovery Support ...... 142
Addiction as a Chronic Condition Requiring Sustained Recovery Management .......... 144
Recovery Management and Recovery-oriented Systems of Care ..................... 146
Recovery Management Checkups and Related Continuing Care Research .......... 152
Recovery Management and Health Care Reform ................................ 155
On Recovery Research .......................................................... 156
Culture of Recovery ............................................................... 156
Social Model Recovery Programs ............................................ 156
Recovery Enhancement from Helping Others ................................ 157
Recovery Residences ............................................................. 158
Recovery Schools .................................................................. 161
Recovery Ministries ............................................................... 165
The Ecology of Recovery & Community Recovery .......................... 165
Recovery and Harm Reduction ................................................ 167
Precovery: Efforts to Work with or Organize Active Drug Users ................. 170
Strategies for Breaking Intergenerational Cycles of Addiction ......................... 171
Addiction Recovery and Stigma ............................................... 174
International Perspectives ...................................................... 186
NA Studies in Iran ............................................................... 187
Toward a Recovery Paradigm


Davidson, L. (2016). The recovery movement: Implications for mental health care and enabling
people to participate fully in life. *Health Affairs, 35*(6), 1091-1097.


**Recovery Definition**


Scott, A.L., Pope, K., Quick, D., Aitken, B., & Parkinson, A. (2018). What does “recovery” from mental illness and addiction mean? Perspectives from child protection social workers and


**History of Recovery (general)**


### Early Recovery Biographies


Hiatt, J. (1878). *Save the boys: The ribbon workers*. Hastings, MI: LaFayette Hughes.


### History of Recovery Mutual Aid Societies


**History of the Recovery Advocacy Movement**


### The Recovery Experience


Collins, S.E., Jones, C., Hoffmann, G., & Clifasefi, S.L. (2015) In their own words: Content analysis of pathways to recovery among individuals with the lived experience of


Mackintosh, V., & Knight, T. (2012). The notion of self in the journey back from addiction. Qualitative Health Research, 22(8), 1094-1101.

Relapse and recovery in drug abuse (NIDA Monograph, Volume 72) (pp. 49-72).
Rockville, MD: National Institute on Drug Abuse.


**Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)**


Cheney, A. M., Curran, G. M., Booth, B. M., Sullivan, S., Stewart, K., & Borders, T. F. (2014). The religious and spiritual dimensions of cutting down and stopping cocaine use: A


33


http://dx.doi.org/10.1037/rel0000096


Recovery in Communities of Color & Other Diverse Populations


Recovery among Adolescents and Young Adults (Also see Recovery Schools)


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


**Addiction Recovery and Mental Health Recovery**


**Recovery/Remission Prevalence in Community and Clinical Populations**


annual meeting of the American Public Health Association, New York, NY.


Moos, R. H. (1994). Why do some people recover from alcohol dependence, whereas others continue to drink and become worse over time? *Addiction, 89*(1), 31-34.


**Recovery Capital**


12(1), 27-36.


Kretzmann J. and McKnight J. (1993). Building communities from the inside out: A path toward finding and mobilising a community’s assets. Skokie, IL: ACTA Publications.


**Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**


Parkman, T. J. (2014). ‘My actual mind and body is in a better place, I just feel better since coming here’: recovery and mental wellbeing—a phenomenology of service users attending a mutual aid programme, Advances in Dual Diagnosis, 7(4), 1-11.


Recovery Mutual Aid (Assertive Linkage Procedures)


Representative Studies/Papers on Twelve Step Groups


affiliation? Substance Use & Misuse, 39(7), 1117-1136.


Best, D. W., Harris, J. C., Gossop, M., Manning, V. C., Man, L. H., Marshall, J., & Strang, J. (2001). Are the Twelve Steps more acceptable to drug users than to drinkers? A comparison of experiences of and attitudes to Alcoholics Anonymous (AA) and


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal


**Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)**


88


**Linking Clients to Recovery Mutual Aid Societies**


approach. *Journal of Substance Abuse Treatment*, 37(3), 228-239. doi: 10.1016/j.jsat.2009.01.004


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)

[http://www.facesandvoicesofrecovery.org/resources/support/index.html](http://www.facesandvoicesofrecovery.org/resources/support/index.html)

**Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups**


90


**Recovery (Public Perceptions)**


**Frameworks of Recovery (Religious, Spiritual, Secular)**


**Styles of Recovery Initiation and Natural Recovery**


**Stages of Recovery**


**Recovery Durability/Stability**


Medication and Recovery


**Peer Recovery Support Services (and Social Network Effects on Recovery)**


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


Purcell, D.W., Latka, M.H., Metsch, L.R., et al. (2007). Results from a randomized controlled trial of a peer-mentoring intervention to reduce HIV transmission and increase access to care and adherence to HIV medications among HIV-seropositive injection drug users. *Journal of Acquired Immune Deficiency Syndrome, 46*(suppl 2), S35–S47.


**Studies of Twelve Step Sponsorship**


115
People in Recovery Working as Addiction Counselors and other Professional Roles


alcoholism counselors and nonalcoholic alcoholism counselors. Master’s thesis. The University of Arizona, Tucson, AZ.


People in Recovery as Volunteers


Recovery and Employment


**Family Recovery**


NOTE: For a complete bibliography for Al-Anon, see [http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf](http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf)

**Health Status of People in Recovery**


Monitoring the effects of chronic alcohol consumption and abstinence on brain metabolism: A longitudinal proton magnetic resonance spectroscopy study. *Biological Psychiatry*, 58(12), 974-980.


Addictions, 24(3), 246-251. doi: 10.1111/ajad.12175


Mertens, J. R., Lu, Y. W., Parthasarathy, S., Moore, C., & Weisner, C. (2003). Medical and psychiatric conditions of alcohol and drug treatment patients in an HMO. *Archives of Internal Medicine, 163*(20), 2511-2517.


White, W. F. (1965). Personality and cognitive learning among alcoholics with different intervals
of sobriety. *Psychological Reports, 16*(3 Suppl), 1125-1140.


**Smoking (Nicotine Addiction) and Addiction Recovery**


Bobo, J. K., & Davis, C. M. (1993). Recovering staff and smoking in chemical dependency programs in rural Nebraska. *Journal of Substance Abuse Treatment, 10*(2), 221-227.


Hughes J. (2002). Do smokers with current or past alcoholism need different or more intensive treatment? *Alcohol: Clinical & Experimental Research, 26*(12), 1934-1935.


**Integration of Primary Health Care and Addiction Treatment / Recovery Support**


Addiction as a Chronic Condition Requiring Sustained Recovery Management


### Recovery Management and Recovery-oriented Systems of Care


**Recovery Management Checkups and Related Continuing Care Research**


doi: http://dx.doi.org/10.1016/j.chc.2016.06.003


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


**Social Model Recovery Programs**


**Recovery Enhancement from Helping Others**


**Recovery Residences**


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.html](http://condor.depaul.edu/ljason/oxford/publications.html)

**Recovery Schools & Collegiate Recovery Programs**


Casiraghi, A. & Muslow, M. (2010). Building support for recovery into an academic curriculum: Student reflections on the value of staff run seminars. In H. Cleveland, K.


Recovery Ministries


The Ecology of Recovery & Community Recovery


**Recovery and Harm Reduction**


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


Vulnerable or resilient? Journal of the American Psychiatric Nurses Association, 8(2), 57-64.


Addiction Recovery and Stigma


**International Perspectives**


Bibliography of Studies of NA in Iran


Begay Ali, Farahani MT and Shahram Mohammad Khani P (2011). Participate in meetings of NA in the use of coping with stress and hope for persons compared to methadone use.
Proceedings of Graduate and Doctoral Area of the Headquarters for Combating Narcotics, Drugs Vol. II 625-615 (publication Shabak)


