



# Selected Papers of William L. White

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Collected papers, interviews, video presentations, photos, and archival documents on the history of addiction treatment and recovery in America.

**Citation:** Passetti, L., Greene, L., White, W., & Godley, M. (2019) The volunteer recovery support for adolescents (VRSA) experiment: Design and implementation. *Journal of Substance Abuse Treatment*, 98, 1-8. <https://doi.org/10.1016/j.jsat.2018.11.015> (doi: 10.1016/j.jsat.2018.11.015) Posted at [www.williamwhitepapers.com](http://www.williamwhitepapers.com)

## The volunteer recovery support for adolescents (VRSA) experiment: Design and implementation

### Conclusion

“VRSA is a flexible, potentially low-cost model for providing recovery support services that is acceptable to adolescents and effective, especially at higher session completion rates (Godley et al., 2019 in this issue). Recruiting, retaining, training, and supervising volunteers proved both feasible and sustainable over nearly 4 years during this research. Students in colleges and universities proved a readily available source of volunteers for VRSA, thus overcoming a typical obstacle to sustaining volunteer service programs over time. Importantly, volunteers (most of who were not in recovery) were able to successfully implement the model with fidelity.”