

Krentzman, A.R., Moore, B.C., Robison, E.A.R., Kelly, J., Kurtz, E., Laudet, A., Strobbe, S. White, W. & Zemore, S. (2011) How Alcoholics Anonymous and Narcotics Anonymous work: Cross-disciplinary perspectives. *Alcoholism Treatment Quarterly*, 29(1), 75-84.

### **Abstract**

Evidence from multiple lines of research supports the effectiveness and practical importance of Alcoholics Anonymous and Narcotics Anonymous. Conference presenters discussed the relationship between 12-step participation and abstinence among various populations, including adolescents, women, and urban drug users. Insight from the arts and humanities placed empirical findings in a holistic context.

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