Addiction Recovery:
A Selected Bibliography with an Emphasis on
Professional Publications and Scientific Studies
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Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disAbility Services. (This series can be downloaded from www.williamwhitepapers.com.) It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems. Many key documents related to recovery management and recovery-oriented systems of care are also posted at the following web sites:

http://www.dbhids.org/transformation-tools-2/

http://www.attcnetwork.org/find/respubs/index.asp

http://www.bhrm.org/

http://www.williamwhitepapers.com/

The bibliography is organized topically under the following headings:
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Toward a Recovery Paradigm


**Recovery Definition**


**History of Recovery (general)**


**Early Recovery Biographies**

Arthur, T. S. (1881). *Saved as by fire: A story of how one of nature’s noblemen was saved from the demon of drink.* New York: John W. Lovell Company.


Hiatt, J. (1878). *Save the boys: The ribbon workers.* Hastings, MI: LaFayette Hughes.


**History of Recovery Mutual Aid Societies**


**History of the Recovery Advocacy Movement**


**The Recovery Experience**


Resolution of drinking problems without formal treatment. Perspectives in Psychiatric Care, 33(3), 14-23.


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Mackintosh, V., & Knight, T. (2012). The notion of self in the journey back from addiction. Qualitative Health Research, 22(8), 1094-1101.


**Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)**


Krentzman, A. R. (2016, August 8). Longitudinal Differences in Spirituality and Religiousness between Men and Women in Treatment for Alcohol Use Disorders. *Psychology of
Religion and Spirituality. Advance online publication. http://dx.doi.org/10.1037/rel0000096


**Recovery in Communities of Color & Other Diverse Populations**


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**Addiction Recovery and Mental Health Recovery**


depression with SSRI treatment? An analysis of the STAR*D level one treatment outcomes. Drug and Alcohol Dependence, 107(2-3), 161-70.


**Recovery/Remission Prevalence in Community and Clinical Populations**


Moos, R. H. (1994). Why do some people recover from alcohol dependence, whereas others continue to drink and become worse over time? *Addiction, 89*(1), 31-34.


**Recovery Capital**


Kretzmann J. and McKnight J. (1993). Building communities from the inside out: A path toward finding and mobilising a community’s assets. Skokie, IL: ACTA Publications.


Shulte, M.T., Liang, D., Wu, F., & Hser, Y-I. (2016). A smartphone application supporting recovery from heroin addiction: Perspectives of patients and providers in China, Taiwan,


Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)


Parkman, T. J. (2014). ‘My actual mind and body is in a better place, I just feel better since coming here’: recovery and mental wellbeing—a phenomenology of service users attending a mutual aid programme, *Advances in Dual Diagnosis, 7*(4), 1-11.


**Recovery Mutual Aid (Assertive Linkage Procedures)**


**Representative Studies/Papers on Twelve Step Groups**


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal of Medical Internet Research, 15*(7), e134. Available at: [http://dx.doi.org/10.2196%2Fjmir.2565](http://dx.doi.org/10.2196%2Fjmir.2565)


Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)


alcohol and how to achieve sensible drinking skills. London: Accept Publications.
characteristics and group participation, cohesion, and satisfaction. *Journal of Substance Abuse Treatment, 73,* 16-26.


**Linking Clients to Recovery Mutual Aid Societies**


**Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)**

[http://www.facesandvoicesofrecovery.org/resources/support/index.html](http://www.facesandvoicesofrecovery.org/resources/support/index.html)
Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups


Recovery (Public Perceptions)


**Frameworks of Recovery (Religious, Spiritual, Secular)**


Styles of Recovery Initiation and Natural Recovery

Bacchus, L., Strang, J., & Watson, P. (2000). Pathways to abstinence: Two-year follow-up data on 60 abstinent former opiate addicts who had been turned away from treatment. European Addiction Research, 6(3), 141-147. doi: 10.1159/000019026


**Stages of Recovery**


**Recovery Durability/Stability**


**Medication and Recovery**


**Peer Recovery Support Services (and Social Network Effects on Recovery)**


Androes, L., & Whitehead, W.A. (1966). The “buddy system” in the hospital treatment of


Dhand, A. (2006). The roles performed by peer educators during outreach among heroin addicts
in India: Ethnographic insights. *Social Sciences & Medicine, 63*(10), 2674-2685.


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


Purcell, D.W., Latka, M.H., Metsch, L.R., et al. (2007). Results from a randomized controlled trial of a peer-mentoring intervention to reduce HIV transmission and increase access to care and adherence to HIV medications among HIV-seropositive injection drug users. *Journal of Acquired Immune Deficiency Syndrome, 46*(suppl 2), S35–S47.


**Studies of Twelve Step Sponsorship**


Rynes, K. N., & Tonigan, J. S. (2011). Do social networks explain 12-step sponsorship effects?


**People in Recovery Working as Addiction Counselors and other Professional Roles**


(Eds.), *Developments in the field of drug abuse* (pp. 297-306). Cambridge, MA: Schenman.


People in Recovery as Volunteers


Recovery and Employment


McIntosh, J., Bloor, M., & Robertson, M. (2008). Drug treatment and the achievement of paid

**Family Recovery**

“It was bad to see my [child] doing this”: Mothers’ experiences of living with adolescents with substance abuse problems. *International Journal of Mental Health and Addiction*, November, 1-16. doi: 10.1007/s11469-015-9605-7


NOTE: For a complete bibliography for Al-Anon, see http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf

Health Status of People in Recovery


Foster, J. H., Marshall, E. J., & Peters, T. J. (2002). Application of a quality of life measure, the


Mertens, J. R., Lu, Y. W., Parthasarathy, S., Moore, C., & Weisner, C. (2003). Medical and psychiatric conditions of alcohol and drug treatment patients in an HMO. *Archives of Internal Medicine, 163*(20), 2511-2517.


**Smoking (Nicotine Addiction) and Addiction Recovery**


Bobo, J. K., & Davis, C. M. (1993). Recovering staff and smoking in chemical dependency programs in rural Nebraska. *Journal of Substance Abuse Treatment, 10*(2), 221-227.


Hughes J. (2002). Do smokers with current or past alcoholism need different or more intensive treatment? *Alcohol: Clinical & Experimental Research, 26*(12), 1934-1935.


**Integration of Primary Health Care and Addiction Treatment / Recovery Support**

Butler, M., Kane, R. L., McAlpine, D., Kathol, R. G., Fu, S. S., Hagedorn, H., & Wilt, T. J.


**Addiction as a Chronic Condition Requiring Sustained Recovery Management**


**Recovery Management and Recovery-oriented Systems of Care**


Author House.

**Recovery Management Checkups and Related Continuing Care Research**


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


**Social Model Recovery Programs**


Recovery Enhancement from Helping Others


**Recovery Residences**


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.htm](http://condor.depaul.edu/ljason/oxford/publications.htm)

### Recovery Schools & Collegiate Recovery Programs


Cleveland, H. H., & Harris, K. S. (2010). Conversations about recovery at and away from a drop-in center among members of a collegiate recovery community. Alcoholism Treatment Quarterly, 28(1), 78-94.


Kollath-Cattano, C., DeMaria, A.L., Sundstrom, B. et al, (2017). ‘Everyone wants a community’: a qualitative investigation of the challenges and service needs among college students in


**Recovery Ministries**


**The Ecology of Recovery & Community Recovery**


**Recovery and Harm Reduction**


**Precovery: Efforts to Work with or Organize Active Drug Users**


reduction, and the self-organization and outside-organizing of users’ groups.  


**Strategies for Breaking Intergenerational Cycles of Addiction**


**Addiction Recovery and Stigma**


Saitz, R. (2016). International statement recommending against the use of terminology that can stigmatize people. *Journal of Addiction Medicine, 10*, 1–2.


White, W. (2009). *Long-term strategies to reduce the stigma attached to addiction, treatment and recovery within the City of Philadelphia (with particular reference to medication-assisted treatment/recovery).* Philadelphia: Department of Behavioral Health and Mental Retardation Services.


International Perspectives


Bibliography of Studies of NA in Iran


