Addiction Recovery:

A Selected Bibliography with an Emphasis on
Professional Publications and Scientific Studies
(September 2019)

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Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disAbility Services. (This series can be downloaded from www.williamwhitepapers.com.) It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems.

The bibliography is organized topically under the following headings:

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**Toward a Recovery Paradigm**


**Recovery Definition**


Anex. (2012). Australian definition of recovery. Melbourne, Australia


Doukas, N., & Cullen, J. (2009). Recovered, in recovery or recovering from substance abuse? A


**Language, Recovery, and Recovery Advocacy**


Capretto, N. (2014). It’s time to stop calling them alcoholics and addicts. Accessed May 14, 2019 at [https://www.timesonline.com/2e5957aa-1079-5f9a-8364-8edad0b7fb06.html](https://www.timesonline.com/2e5957aa-1079-5f9a-8364-8edad0b7fb06.html)


Nowinski, J. (2014). ‘Recovering alcoholic’: Words that stigmatize or empower? Accessed May 14, 2019 at https://www.huffpost.com/entry/addiction-and-recovery_n_4665947?guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLmNvbS8&guce_referrer_sig=AQAAACleAlUIA5HZJfnJe-f5n4nBd6uPYot44TbiCdm2lu_XP7q-vj8DAIBYOOhV_Xg4eAh8GTkJLZaEB4ayqsPqhBdG77UBfr4sgV8z32NUQOHvAjeZ_kF50ptaLcLuvHHM5twrUdpVMuLseY_a91u75b5NptxzRON1AB-EoT4ml0


Saitz, R. (2016). International statement recommending against the use of terminology that can stigmatize people. *Journal of Addiction Medicine, 10*, 1–2.


History of Recovery (general)


### Early Recovery Biographies

Arthur, T. S. (1881). *Saved as by fire: A story of how one of nature’s noblemen was saved from the demon of drink.* New York: John W. Lovell Company.


Hiatt, J. (1878). *Save the boys: The ribbon workers.* Hastings, MI: LaFayette Hughes.


**History of Recovery Mutual Aid Societies**


**History of the Recovery Advocacy Movement**


https://doi.org/10.1007/s11469-018-9967-8


The Recovery Experience


In book: The Psychology of Habit


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Zetta Kougiali


Mackintosh, V., & Knight, T. (2012). The notion of self in the journey back from addiction. *Qualitative Health Research, 22*(8), 1094-1101.


nontreatment seeking hazardous drinkers. *Psychology of Addictive Behaviours*, 31(6), 721-726.


cannabis use problems, withdrawal symptoms, and self-efficacy for quitting. Addictive Behaviors, 76, 45-51.

Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)


Addiction Recovery among Women


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


**Addiction Recovery within LGBTQ Community**


**Recovery in Communities of Color & Other Diverse Populations**


Recovery among Adolescents and Young Adults (Also see Recovery Schools)


---


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


**Addiction Recovery and Mental Health Recovery**


**Cuffel, B. J., & Chase P.** (1994). Remission and relapse of substance use disorders in schizophrenia. Results from a one-year prospective study. *Journal of Nervous and Mental Disease, 182*(6), 342-348.


**Recovery/Remission Prevalence in Community and Clinical Populations**


Flórez-Salamanca, F., Secades-Villa, R., Budney, A. J., García-Rodríguez, O., Wang, S., &


Moos, R. H. (1994). Why do some people recover from alcohol dependence, whereas others continue to drink and become worse over time? *Addiction, 89*(1), 31-34.


**Recovery Capital**


Boeri, M., Gardner, M., Gerken, E ..., & Wheeler, J. (2016). “I don’t know what fun is”: Examining the intersection of social capital, social networks, and social recovery. Drugs and Alcohol Today, 16(1), 95-105.


Project: Center for Health Economics of Treatment Interventions for Substance Use Disorder, HCV, and HIV (CHERISH)


adults applying to Supporting Housing Program. *Journal of Urban Health*, 88(6), 1076-1090.


Kretzmann J. and McKnight J. (1993). Building communities from the inside out: A path toward finding and mobilising a community’s assets. Skokie, IL: ACTA Publications.


Mau, M., Muller, A., Kaya, K., & Roessler, K. (2018). Alcohol relapse and near-relapse experiences show that relapse models need to be updated. *Alcoholism Treatment Quarterly*, October, DOI: 10.1080/07347324.2018.1532775


Henning PettersenHenning PettersenAnne Signe LandheimAnne Signe LandheimIvar SkeieShow all 7 authorsLarry DavidsonLarry Davidson


Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)


Humphreys, K., & Moos, R. H. (1996). Reduced substance-abuse-related health care costs among voluntary participants in Alcoholic Anonymous. *Psychiatric Services, 47*(7), 709-713.


Parkman, T. J. (2014). ‘My actual mind and body is in a better place, I just feel better since coming here’: recovery and mental wellbeing—a phenomenology of service users attending a mutual aid programme, *Advances in Dual Diagnosis*, 7(4), 1-11.


Recovery Mutual Aid (Assertive Linkage Procedures)


**Representative Studies/Papers on Twelve Step Groups**


Best, D. W., Harris, J. C., Gossop, M., Manning, V. C., Man, L. H., Marshall, J., & Strang, J. (2001). Are the Twelve Steps more acceptable to drug users than to drinkers? A comparison of experiences of and attitudes to Alcoholics Anonymous (AA) and


To link to this article: http://dx.doi.org/10.3109/16066359.2014.976205


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal of Medical Internet Research, 15*(7), e134. Available at: http://dx.doi.org/10.2196%2Fjmir.2565


**Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)**


participated in ‘SMART recovery’ mutual support programme. BMJ Open, 6(5), e009934.


Linking Clients to Recovery Mutual Aid Societies


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)

http://www.facesandvoicesofrecovery.org/resources/support/index.html

Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups


**Recovery (Public Perceptions) Also see Addiction Recovery & Stigma**


**Frameworks of Recovery (Religious, Spiritual, Secular)**


Styles of Recovery Initiation and Natural Recovery


**Stages of Recovery**


**Recovery Durability/Stability**


### Medication and Recovery


Center for Substance Abuse Treatment. (2005). *Medication-assisted treatment for opioid addiction in opioid treatment programs* (Treatment Improvement Protocol (TIP) Series


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**Peer Recovery Support Services (and Social Network Effects on Recovery)**


recovery support services for addictions in the United States: A systematic review. *Journal of Substance Abuse Treatment*, 63, 1-9. doi: 10.1016/j.jsat.2016.01.003


Deering, K. N., Kerr, T., Tyndall, M. W., Montaner, J. S., Gibson, K., Irons, L., & Shannon, K.


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


Oser, C. G., Harp, K. L. H., O’Connell, D. J., Martin, S. S., & Leukefeld, C. G. (2012). Correlates of participation in peer recovery support groups as well as voluntary and


Purcell, D.W., Latka, M.H., Metsch, L.R., et al. (2007). Results from a randomized controlled trial of a peer-mentoring intervention to reduce HIV transmission and increase access to care and adherence to HIV medications among HIV-seropositive injection drug users. *Journal of Acquired Immune Deficiency Syndrome*, 46(suppl 2), S35–S47.


**Digital Recovery Support Services**


Campbell, W., Hester, R. K., Lenberg, K. L., & Delaney, H. D. (2016). Overcoming Addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 2: six-month outcomes of a randomized controlled trial and qualitative feedback from participants. *Journal of Medical Internet Research*, 18(10), e262. [https://doi.org/10.2196/jmir.5508](https://doi.org/10.2196/jmir.5508)


to provide peer-delivered services: Results from a national online survey. *Psychiatric Quarterly*, July, 1-10.


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal of Medical Internet Research*, 15(7), e134. Available at: [http://dx.doi.org/10.2196%2Fjmir.2565](http://dx.doi.org/10.2196%2Fjmir.2565)


Preventive Medicine, 39(5), 969-975.

Studies of Twelve Step Sponsorship


People in Recovery Working as Addiction Counselors and other Professional Roles


alcoholism counselors and nonalcoholic alcoholism counselors. Master’s thesis. The University of Arizona, Tucson, AZ.


https://repository.upenn.edu/edissertations_sp2/134


People in Recovery as Volunteers


Recovery and Employment


Project: How do welfare systems manage citizens with complex problems?


**Family Recovery**


England Kennedy, E.S. & Horton, S. (2011). “Everything that I thought that they would be, they weren’t”: family systems as support and impediment to recovery. *Social Science & Medicine, 73,* 1222-1229.


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NOTE: For a complete bibliography for Al-Anon, see [http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf](http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf)

**Health Status of People in Recovery**


during abstinence from alcohol. *Alcohol, 48*(7), 631-638. doi: 10.1016/j.alcohol.2014.08.007


Mertens, J. R., Lu, Y. W., Parthasarathy, S., Moore, C., & Weisner, C. (2003). Medical and psychiatric conditions of alcohol and drug treatment patients in an HMO. *Archives of Internal Medicine, 163*(20), 2511-2517.


Morgan, O. J. (1992). In a sober voice: A psychological study of long-term alcoholic recovery with attention to spiritual dimensions. *Dissertation Abstracts International, 52*(1), 6069-


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Smoking (Nicotine Addiction) and Addiction Recovery


Hughes J. (2002). Do smokers with current or past alcoholism need different or more intensive treatment? *Alcohol: Clinical & Experimental Research, 26*(12), 1934-1935.


facilitates the transition to compulsive alcohol drinking. *The Journal of Neuroscience, 35*(15), 6241-6253.


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**Integration of Primary Health Care and Addiction Treatment / Recovery Support**


Addiction as a Chronic Condition Requiring Sustained Recovery Management


### Recovery Management and Recovery-oriented Systems of Care


effective is continuing care for substance use disorders? A meta-analytic review. *Journal of Substance Abuse Treatment, 46*(2), 87-97.


Recovery Management Checkups and Related Continuing Care Research


McKay, J. R. (2009). Continuing care research: what we have learned and where we are going. *Journal of Substance Abuse Treatment*, 36, 131–45.


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


Recovery Management and Health Care Reform


On Recovery Research


Culture of Recovery


**Social Model Recovery Programs**


**Recovery Enhancement from Helping Others**


Recovery Residences


Mericle, A. A. & Miles, J. (2016). Quality of life and the complex needs of recovery home residents. *Substance Abuse, 38*(3) DOI: 10.1080/08897077.2016.1213780


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.dePaul.edu/ljason/oxford/publications.html](http://condor.dePaul.edu/ljason/oxford/publications.html)

**Recovery Schools & Collegiate Recovery Programs**


Ashford, R. D., Brown, A. M., & Kimball, T. (2018). Where do we come from, where are we


Cleveland, H. H., & Harris, K. S. (2010). Conversations about recovery at and away from a drop-in center among members of a collegiate recovery community. Alcoholism Treatment Quarterly, 28(1), 78-94.


Hennessy, E., Karakos, H. L., & Oser, R. (2016). Disparities in youth access to substance abuse treatment and recovery services: How one recovery school initiative is helping students to "Change Tracks" *Journal in Addiction & Recovery, October.*


Kollath-Cattano, C., DeMaria, A. L., Sundstrom, B. et al, (2017). ‘Everyone wants a community’: a qualitative investigation of the challenges and service needs among college students in


**Recovery Ministries**


**The Ecology of Recovery & Community Recovery**


**Recovery and Harm Reduction (Also See Peer Recovery Support Services)**


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


McCutcheon, V.V., Schuckit, M.A., Krmer, J.R., Chan, G., Edenberg, H.J., Smith, T.L., Bender,


**Addiction Recovery and Stigma**


Bayer, R. (2008). Stigma and the ethics of public health: Not can we but should we. Social Science and Medicine, 67(3), 463-472.


Boyd, J. E., Otilingam, P. G., & Deforge, B. R. (2014). Brief version of the Internalized Stigma of Mental Illness (ISMI) scale: Psychometric properties and relationship to depression,


understanding the stigma of addictions Part II: Lessons from the mental health stigma literature. *The American Journal on Addictions, 26*, 67-74. DOI: 10.1111/ajad.12436


http://dx.doi.org/10.1080/09581590600828683.


**International Perspectives**


**Studies of NA in Iran**


Heidaripour, M. & Ebrahimimad, M. (2013). Compare the effectiveness of specialized addiction...
treatment clinics out patient and the NA approach in reducing mental disorder of addicts. 

*The 7th National Congress on Addiction Sciences, 2-13-09-11.*


