Addiction Recovery:
A Selected Bibliography with an Emphasis on Professional Publications and Scientific Studies
(January 2019)
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Introduction
This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disAbility Services. (This series can be downloaded from www.williamwhitepapers.com.) It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems.

The bibliography is organized topically under the following headings:

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Toward a Recovery Paradigm


Renae Fomiatti, David Moore, David Moore, Suzanne Fraser


https://doi.org/10.1186/s13011-017-0125-2


**Recovery Definition**


Anex. (2012). Australian definition of recovery. Melbourne, Australia


**History of Recovery (general)**


**Early Recovery Biographies**


Hiatt, J. (1878). *Save the boys: The ribbon workers*. Hastings, MI: LaFayette Hughes.

**History of Recovery Mutual Aid Societies**


**History of the Recovery Advocacy Movement**


https://doi.org/10.1007/s11469-018-9967-8


**The Recovery Experience**


In book: *The Psychology of Habit*


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Mackintosh, V., & Knight, T. (2012). The notion of self in the journey back from addiction. Qualitative Health Research, 22(8), 1094-1101.


**Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)**


### Addiction Recovery among Women


Resolution of drinking problems without formal treatment. Perspectives in Psychiatric Care, 33(3), 14-23.
Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


Recovery in Communities of Color & Other Diverse Populations


**Recovery among Adolescents and Young Adults** (Also see Recovery Schools)


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


### Addiction Recovery and Mental Health Recovery


depression with SSRI treatment? An analysis of the STAR*D level one treatment outcomes. Drug and Alcohol Dependence, 107(2-3), 161-70.


Recovery/Remission Prevalence in Community and Clinical Populations


risk drinking behavior in relation to the course of alcohol-use disorders. *Journal of Studies of Alcohol and Drugs, 69*(6), 866-877.


men and women sampled from methadone treatment in California. Drug and Alcohol Dependence, 118(2-3), 251-258.


Moos, R. H. (1994). Why do some people recover from alcohol dependence, whereas others continue to drink and become worse over time? *Addiction, 89*(1), 31-34.


remission in the São Paulo megacity mental health survey, Brazil. Alcohol and Alcoholism, 46(3), 324-332.


**Recovery Capital**


Boeri, M., Gardner, M., Gerken, E. ..., & Wheeler, J. (2016). “I don’t know what fun is”: Examining the intersection of social capital, social networks, and social recovery. *Drugs and Alcohol Today*, 16(1), 95-105.


Kretzmann J. and McKnight J. (1993). *Building communities from the inside out: A path toward finding and mobilising a community’s assets*. Skokie, IL: ACTA Publications.


**Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**


Bellamy, C. D., Rowe, M., Benedict, P. & Davidson, L. (2012). Giving back and getting something back: The role of mutual-aid groups for individuals in recovery from


Humphreys, K., & Moos, R. H. (1996). Reduced substance-abuse-related health care costs among voluntary participants in Alcoholics Anonymous. *Psychiatric Services, 47*(7), 709-713.


Parkman, T. J. (2014). ‘My actual mind and body is in a better place, I just feel better since coming here’: recovery and mental wellbeing—a phenomenology of service users attending a mutual aid programme, *Advances in Dual Diagnosis, 7*(4), 1-11.


Recovery Mutual Aid (Assertive Linkage Procedures)


**Representative Studies/Papers on Twelve Step Groups**


affiliation? Substance Use & Misuse, 39(7), 1117-1136.


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal of Medical Internet Research, 15*(7), e134. Available at: http://dx.doi.org/10.2196%2Fjmir.2565


Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)


**Linking Clients to Recovery Mutual Aid Societies**


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)

http://www.facesandvoicesofrecovery.org/resources/support/index.html

Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups


**Recovery (Public Perceptions)**


**Frameworks of Recovery (Religious, Spiritual, Secular)**


Styles of Recovery Initiation and Natural Recovery


Stages of Recovery


**Recovery Durability/Stability**


**Medication and Recovery**


Peer Recovery Support Services (and Social Network Effects on Recovery)


(Also see: http://www.aapg-recovery.com/)


support: Advancing the role of peer support specialists in promoting recovery. The Journal of Mental Health Training, Education and Practice, 7, 60–69.


to provide peer-delivered services: Results from a national online survey. *Psychiatric Quarterly*, July, 1–10.


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


Purcell, D.W., Latka, M.H., Metsch, L.R., et al. (2007). Results from a randomized controlled trial of a peer-mentoring intervention to reduce HIV transmission and increase access to care and adherence to HIV medications among HIV-seropositive injection drug users. Journal of Acquired Immune Deficiency Syndrome, 46(suppl 2), S35–S47.


**Studies of Twelve Step Sponsorship**


**People in Recovery Working as Addiction Counselors and other Professional Roles**


DOI: 10.1080/02615479.2018.1538335


**People in Recovery as Volunteers**


**Recovery and Employment**


meta-synthesis of cross-cutting studies treating substance use treatment, psychiatry and unemployment services. *Advances in Dual Diagnosis*, 10(3), 105-119. DOI: 10.1108/ADD-11-2016-0019

Project: How do welfare systems manage citizens with complex problems?


**Family Recovery**


NOTE: For a complete bibliography for Al-Anon, see http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf

Health Status of People in Recovery


Clinical Psychology, 45(5), 829-842.
adolescents’ marijuana problem severity at follow-up: A preliminary study. 
*Developmental Cognitive Neuroscience* 16, 93-100. doi: 10.1016/j.D.C.n.2015.05.004


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Mertens, J. R., Lu, Y. W., Parthasarathy, S., Moore, C., & Weisner, C. (2003). Medical and psychiatric conditions of alcohol and drug treatment patients in an HMO. *Archives of Internal Medicine, 163*(20), 2511-2517.


Mon A., Durazzo T. C., Gazdzinski S., Hutchison K. E., Pennington D., Meyerhoff D. J. (2013) Brain-derived neurotrophic factor genotype is associated with brain gray and white matter volume recovery in abstinent alcohol dependent individuals.


**Smoking (Nicotine Addiction) and Addiction Recovery**


Bobo, J. K., & Davis, C. M. (1993). Recovering staff and smoking in chemical dependency programs in rural Nebraska. *Journal of Substance Abuse Treatment, 10*(2), 221-227.


Hughes J. (2002). Do smokers with current or past alcoholism need different or more intensive treatment? *Alcohol: Clinical & Experimental Research, 26*(12), 1934-1935.


**Integration of Primary Health Care and Addiction Treatment / Recovery Support**


**Addiction as a Chronic Condition Requiring Sustained Recovery Management**


**Recovery Management and Recovery-oriented Systems of Care**


and recommendations from a NIDA consensus group. Public Health Reviews, 35(2), 1-14.


from Detroit: An Interview with Calvin Trent, Ph.D. Posted at www.williamwhitepapers.com


Recovery Management Checkups and Related Continuing Care Research


Dennis, M. L., & Scott, C. K. (2012). Four-year outcomes from the Early Re-Intervention (ERI)


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


**Social Model Recovery Programs**


**Recovery Enhancement from Helping Others**


**Recovery Residences**


Mericle, A. A. & Miles, J. (2016). Quality of life and the complex needs of recovery home residents. Substance Abuse, 38(3) DOI: 10.1080/08897077.2016.1213780


Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.html](http://condor.depaul.edu/ljason/oxford/publications.html)

**Recovery Schools & Collegiate Recovery Programs**


Bourgeois, M. (2007). A secondary school cooperative: Recovery at Solace Academy, Chaska,


Hennessy, E., Karakos, H. L., & Oser, R. (2016). Disparities in youth access to substance abuse treatment and recovery services: How one recovery school initiative is helping students to "Change Tracks" *Journal of Groups in Addiction & Recovery, October.*


**Recovery Ministries**


**The Ecology of Recovery & Community Recovery**


### Recovery and Harm Reduction


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


McCutcheon, V.V., Schuckit, M.A., Krmer, J.R., Chan, G., Edenberg, H.J., Smith, T.L., Bender,


**Addiction Recovery and Stigma**


Project: Impacts of Implicit Bias and Linguistics on Individuals with Behavioral Health


Saitz, R. (2016). International statement recommending against the use of terminology that can stigmatize people. *Journal of Addiction Medicine, 10*, 1–2.


http://dx.doi.org/10.1016/j.drugalcdep.2016.02.019.


**International Perspectives**


**Bibliography of Studies of NA in Iran**


Akhondzadeh, S., Shabrang, M., Rezaei, O., & Rezaei, F. (2014). Personality patterns in


