Addiction Recovery:
A Selected Bibliography with an Emphasis on Professional Publications and Scientific Studies
(February 2020)
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Introduction
This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disAbility Services. (This series can be downloaded from www.williamwhitepapers.com.) It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems.

The bibliography is organized topically under the following headings:

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Toward a Recovery Paradigm


**Recovery Definition**

Anex. (2012). Australian definition of recovery. Melbourne, Australia


**Language, Recovery, and Recovery Advocacy**


Nowinski, J. (2014). ‘Recovering alcoholic’: Words that stigmatize or empower? Accessed May 14, 2019 at https://www.huffpost.com/entry/addiction-and-recovery_n_4665947?guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLmNvbS8&guce_referrer_sig=AQAAACleAlUIA5HZJfnJe-f5n4nBd6pUYot44TbiCdm2lu_XP7q-vj8DAIByO4nV_Xg4eAh8GTkLZaEB4ayqsPqhBdG77UBfr4sgV8z32NUOOHevvAjeZ_kF50ptaLcLuvHHMX5twrUdpVmuLSeY_a91u75b5NPtxzRON1AB-EoT4ml0


Saitz, R. (2016). International statement recommending against the use of terminology that can stigmatize people. *Journal of Addiction Medicine, 10*, 1–2.


**History of Recovery (general)**


**Early Recovery Biographies**

Arthur, T. S. (1881). Saved as by fire: A story of how one of nature’s noblemen was saved from the demon of drink. New York: John W. Lovell Company.


Hiatt, J. (1878). *Save the boys: The ribbon workers.* Hastings, MI: LaFayette Hughes.


Vandersloot, Rev. S. (1878). *The true path; or gospel temperance: Being the life, work and speeches of Francis Murphy, Dr. Henry Reynolds, and their co-laborers.* New York: Henry S. Godspeed & Co.


### History of Recovery Mutual Aid Societies


**History of the Recovery Advocacy Movement**


https://doi.org/10.1007/s11469-018-9967-8


The Recovery Experience

In book: The Psychology of Habit


Haseltine, F. (2000). Gender differences in addiction and recovery. *Journal Of Women's Health & Gender-Based Medicine, 9*(6), 579-583.


Mackintosh, V., & Knight, T. (2012). The notion of self in the journey back from addiction. *Qualitative Health Research, 22*(8), 1094-1101.


Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)


**Addiction Recovery among Women**


Fabian, M. S., & Parsons, O. A. (1983). Differential improvement of cognitive functions in
recovering alcoholic women. *Journal of Abnormal Psychology, 92*(1), 87-95.


Scott, C. K., & Dennis, M. L. (2012). The first 90 days following release from jail: Findings from recovery management checkups for women offenders (RMCWIO) experiment. *Drug and Alcohol Dependence, 125*(1), 110-118.


Addition Recovery within LGBTQ Community


**Recovery in Communities of Color & Other Diverse Populations**


Research Journal, 8(2), 60-82.


Recovery among Adolescents and Young Adults (Also see Recovery Schools)


affiliation and 3-year substance use outcomes among adolescents: social support and religious service attendance as potential mediators. *Addiction, 104*(6), 927-939.


Acessed April 26, 2019.


medication treatment with retention in care among youths with opioid use disorder. 
*JAMA Pediatrics*, 172(11), 1029-1037.


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


**Addiction Recovery and Mental Health Recovery**


**Recovery/Remission Prevalence in Community and Clinical Populations**


utilization and natural recovery. Addiction, 100, 405–413.


heavy drinking during follow-up in COMBINE. *Journal of Studies on Alcohol and Drugs*, 76(6), 935-941.


alcohol, cannabis or cocaine dependence: Results from the National Epidemiologic Survey on Alcohol and Related Conditions. *Addiction*, 106(3), 657-669.


Health Programs. *Journal of Substance Abuse Treatment*, 64, 47-54. DOI: 10.1016/j.jsat.2016.02.004.


Moos, R. H. (1994). Why do some people recover from alcohol dependence, whereas others continue to drink and become worse over time? *Addiction*, 89(1), 31-34.


remission in the São Paulo megacity mental health survey, Brazil. Alcohol and Alcoholism, 46(3), 324-332.


Recovery Capital


DOI: 10.1080/1478601X.2017.1396218


Project: Center for Health Economics of Treatment Interventions for Substance Use Disorder, HCV, and HIV (CHERISH)


Brown, S., Victor, B., Hicks, L. & Tracy, E.M. (2016). Recovery support mediates the relationship between parental warmth and quality of life among women with substance


Hillios, J. (2013). The influence of social recovery capital and stress on the health and well-being of individuals recovering from addiction. PhD Disseration, Boston College School


Kretzmann J. and McKnight J. (1993). *Building communities from the inside out: A path toward finding and mobilising a community’s assets*. Skokie, IL: ACTA Publications.


Rettie, H., Hogan, L. M., & Cox, W. M. (2019). Personal experiences of individuals who are recovering from a drug or alcohol dependency and are involved in social-based recovery


Vederhus, J.-K., Pripps, H. R., & Clausen, T. P. (2016). Quality of life in patients with substance use disorders admitted to detoxification compared with those admitted to hospitals for medical disorders: Follow-up results. Substance Abuse: Research and Treatment, 10(10), 31-37. DOI: 10.4137/SART.S39192


**Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**


Parkman, T. J. (2014). ‘My actual mind and body is in a better place, I just feel better since coming here’: recovery and mental wellbeing—a phenomenology of service users attending a mutual aid programme, *Advances in Dual Diagnosis*, 7(4), 1-11.


**Recovery Mutual Aid (Assertive Linkage Procedures)**


Representative Studies/Papers on Twelve Step Groups


Anonymous and spirituality in addiction recovery, 18 (pp. 1-20). New York, NY: Springer.
doi: 10.1007/978-0-387-77725-2_22


To link to this article: http://dx.doi.org/10.3109/16066359.2014.976205


Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. *Journal of Medical Internet Research, 15*(7), e134. Available at: http://dx.doi.org/10.2196%2Fjmir.2565


Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)


doi:10.1080/1556035X.2015.1132400


Abuse Treatment, 73, 16-26.

Linking Clients to Recovery Mutual Aid Societies


Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)

http://www.facesandvoicesofrecovery.org/resources/support/index.html
Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups


Recovery (Public Perceptions) Also see Addiction Recovery & Stigma


**Frameworks of Recovery (Religious, Spiritual, Secular)**


Styles of Recovery Initiation and Natural Recovery


**Stages of Recovery**


**Recovery Durability/Stability**


Nosyk, B., Anglin, M. D., Brecht, M-L., [...] & Hser, Y-I. (2013). Characterizing durations of heroin abstinence in the California Civil Addict Program: Results from a 33-year


### Medication and Recovery


http://dx.doi.org/10.1016/j.jsat.2013.04.002


**Peer Recovery Support Services (and Social Network Effects on Recovery)**


Androes, L., & Whitehead, W.A. (1966). The “buddy system” in the hospital treatment of


Biondi, C. (2019). Flourishing partners: Leveraging positive psychology in a peer support model
to promote well-being for recovering addicts. July. Accessed https://repository.upenn.edu/mapp_capstone/174/


(Also see: http://www.aapg-recovery.com/)


Abuse Treatment, 45(4), 381-387.


supported interventions. *Journal of Evidence*, 14(3). DOI:


Kelly, J.F. (2017). *Report of findings from a systematic review of the scientific literature on recovery support services in the United States*. Recovery Research Institute, Massachusetts General Hospital and Harvard Medical School, Boston, MA 02114


Nash, A. J. (2013). The alternative peer group: What can ‘winners’ from this program teach us about recovery from adolescent substance use disorder? (Doctoral dissertation). The University of Texas Health Science Center at Houston School of Nursing, Houston, TX.


Purcell, D.W., Latka, M.H., Metsch, L.R., et al. (2007). Results from a randomized controlled trial of a peer-mentoring intervention to reduce HIV transmission and increase access to care and adherence to HIV medications among HIV-seropositive injection drug users. *Journal of Acquired Immune Deficiency Syndrome, 46*(suppl 2), S35–S47.


**Digital Recovery Support Services**


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Hester, R., Lenberg, K., Campbell, W., & Delaney, H. (2013). Overcoming addictions, a web-based application, and SMART Recovery, an online and in-person mutual help group for problem drinkers, part 1: three-month outcomes of a randomized controlled trial. Journal of Medical Internet Research, 15(7), e134. Available at: http://dx.doi.org/10.2196%2Fjmir.2565


**Studies of Twelve Step Sponsorship**


**People in Recovery Working as Addiction Counselors and other Professional Roles**


Van de Ven, K., Ritter, A. & Roche, A. M. (2019). Alcohol and other drug (AOD) staffing and their workplace: examining the relationship between clinician and organisational...


**People in Recovery as Volunteers**


**Recovery and Employment**


substance use disorders: Six-month follow-up observations. Drug and Alcohol Dependence, October, DOI: 10.1016/j.drugalcdep.2019.107624

Family Recovery

England Kennedy, E. S. &Horton, S. (2011). “Everything that I thought that they would be, they weren’t”: family systems as support and impediment to recovery. Social Science & Medicine, 73, 1222-1229.


NOTE: For a complete bibliography for Al-Anon, see http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf

Health Status of People in Recovery


Alcohol and Alcoholism, 38(1), 71-78.


### Smoking (Nicotine Addiction) and Addiction Recovery


Bobo, J. K., & Davis, C. M. (1993). Recovering staff and smoking in chemical dependency programs in rural Nebraska. *Journal of Substance Abuse Treatment, 10*(2), 221-227.


Hughes J. (2002). Do smokers with current or past alcoholism need different or more intensive treatment? *Alcohol: Clinical & Experimental Research, 26*(12), 1934-1935.


Integration of Primary Health Care and Addiction Treatment / Recovery Support


**Addiction as a Chronic Condition Requiring Sustained Recovery Management**


### Recovery Management and Recovery-oriented Systems of Care


effects of continuing care on emerging adult outcomes following residential addiction treatment. Drug and Alcohol Dependence, 153, 207-214. Advance online publication. doi: 10.1016/j.drugalcdep.2015.05.017


Recovery Management Checkups and Related Continuing Care Research


McKay, J. R. (2009). Continuing care research: what we have learned and where we are going. *Journal of Substance Abuse Treatment, 36*, 131–45.


**Recovery Management and Health Care Reform**


**On Recovery Research**


**Culture of Recovery**


**Social Model Recovery Programs**


### Recovery Enhancement from Helping Others


Recovery Residences


Mericle, A. A. & Miles, J. (2016). Quality of life and the complex needs of recovery home residents. Substance Abuse, 38(3) DOI: 10.1080/08897077.2016.1213780


**Note:** A complete listing of the published studies conducted by DePaul University on Oxford House is available at [http://condor.depaul.edu/ljason/oxford/publications.html](http://condor.depaul.edu/ljason/oxford/publications.html)

**Recovery Schools & Collegiate Recovery Programs**


Ashford, R. D., Brown, A. M., & Kimball, T. (2018). Where do we come from, where are we


Canfield, K. M. (2018). Working with Latino students in recovery: Understanding culture and
https://doi.org/10.31886/jors.12.2018.22


https://doi.org/10.31886/jors.12.2018.36


**Recovery Ministries**


**The Ecology of Recovery & Community Recovery**


prospective SUD treatment cohort study. *PLoS ONE*, 13(1), December. DOI: 10.1371/journal.pone.0190381


Recovery and Harm Reduction (Also See Peer Recovery Support Services)


**Precovery: Efforts to Work with or Organize Active Drug Users**


**Strategies for Breaking Intergenerational Cycles of Addiction**


Abuse Treatment, 45(4), 381-387.


Sher, K. J., Gershuny, B. S., Peterson, L., & Raskin, G. (1997). The role of childhood stressors in


**Addiction Recovery and Stigma**


http://dx.doi.org/10.1080/713659328.


**International Perspectives**


Studies of NA in Iran


Begay Ali, Farahan MT and Shahram Mohammad Khani P (2011). Participate in meetings of
NA in the use of coping with stress and hope for persons compared to methadone use. *Proceedings of Graduate and Doctoral Area of the Headquarters for Combating Narcotics, Drugs* Vol. II 625-615 (publication Shabak)


