

Keith Humphreys, Ph.D.

Keith Humphreys is a Professor (Research) of Psychiatry and Behavioral Sciences at Stanford University and a Senior Research Career Scientist at the Veterans Administration. Keith was one of the first scientists who focused his work on the study of addiction recovery mutual aid groups—studies that led to publication of his book, *Circles of Recovery: Self-Help Organization for Addictions* (2004, Cambridge University Press). Dr. Humphreys has been extensively involved in the formation of federal policy, having served as a member of the White House Commission on Drug Free Communities, the VA National Mental Health Task Force, and the National Advisory Council of the Substance Abuse and Mental Health Services Administration. Keith has just completed a leave of absence from Stanford during which time he served as Senior Policy Advisor at the White House Office of National Drug Control Policy. Those serious about the study of addiction recovery would be well-served by immersing themselves in the writings of Keith Humphreys. Posted here is a technical report from a workgroup that Keith led on recovery mutual aid groups. The report illustrates the ways in which Keith has been able to blend rigorous scientific inquiry with policy advocacy. I have tried to model my own work on this ability.

William White