

Early Chronology of Dual Recovery Anonymous

(From <http://www.dualrecoveryanonymous.org/dra/history-of-dra>)

1989 Kansas City - DRA begins to form out of a vision for both dual recovery and a fellowship to carry the message. The first DRA meeting is held in a church setting, the second meeting in a mental health facility. The goal is to develop a self-help program for dual recovery based on:

- Principles of the Twelve Steps.*
- Personal experience of dual recovery
- Principles of personal freedom and choice.

1991 DRA begins to develop a 4-point program:

- Vision and Hope
- 12-Steps for Dual Recovery
- Meetings and Fellowship
- Unity and Service.

1992 Plans begin for developing educational materials.

1993 DRA is presented in educational materials by the Hazelden Foundation.

Dual Disorders Recovery Book**

Dual Recovery Anonymous: A Blueprint (page 221 - 231)

Dual Recovery Anonymous; Meeting Format (page 232 - 238)

DRA Central Service Office was established, and began receiving calls and letters from people in the U.S. and abroad, requesting DRA literature and meeting information.

1994 Publication of the **12 Steps and Dual Disorders (Book)** published**

First DRA Intergroup formed in Vancouver, WA

1995 Publication of the **12 Steps and Dual Disorders (Workbook)** published **

1996 **12 Steps and Dual Disorders (Video)** released **

1997 **Vision**, the DRA Newsletter of Believable Hope begins quarterly editions. Subscriptions \$10 per year.

DRA Central Service Office temporarily relocates to Tennessee.

1998 - DRA Website goes online. Today it is a valuable source of information called "DRA Online Resource Center" at <http://draonline.org>

Over 100,000 people visited the website in 2002. The visitors included people from the United States and 40 other countries.

1999 Dual Recovery Anonymous celebrates 10 years. Medallions, Steps and Traditions banners, and other gift ideas are available.

2000 Plans begin for a unified Group Service Network.

2001 The Central Service Office is named **DRA World Network Central Office.**
Groups begin to form internationally.

The service network becomes a reality "**The DRA Network for Unity and Service**" to help groups work together at each level: community, state, regional, national, and international.

2002 DRA incorporates World Network under the name "Dual Recovery Anonymous World Network Inc." (DRAWS).

DRAWS is formed to protect the Founding Principles of Dual Recovery Anonymous to insure that DRA remains useful to those it serves well into the future. DRAWS is also the guiding service board for the DRA Fellowship as a whole.

The DRA Bookstore Online becomes a reality. DRA Books, Recovery Coins, Medallions, Gifts, and Literature available through the DRA Online Resource Center. Proceeds go to help carry the message of DRA.

* Adapted from the Twelve Steps of Alcoholics Anonymous

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